sPORtcamp
YOUTH SPORTS TRAINING CENTER
LOUTRAKI · GREECE
www.sportcamp.gr

Soccer Stars

TOTAL SOCCER METHOD

ΣΧΟΛΗ ΤΕΡΜΑΤΟΦΥΛΑΚΩΝ M3 KIFISSOS F.C.

DAILY SCHEDULE		Sunday 17/6/2018	Monday 18/6/2018	Tuesday 19/6/2018	Wednesday 20/6/2010	Thursday 21/6/2018	Friday 22/6/2018	Saturday 23/6/2018
SOCCER CAMP 2018	08.00			Ball Mastery		Ball Mastery		
	08.30		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	09.00		House cleaning and inspection	House cleaning and inspection	House cleaning and inspection	House cleaning and inspection	House cleaning and inspection	**Exchibition training - Athletes evaluation - Memorabilia - Photos**
	09.15 09.30 11.00 11.30		1st Training day:	2nd Training day:	3rd Training day:	4th Training day:	5th Training day:	
	12.30		Pool	Pool	Pool	Pool	Pool	**Kids' departure , Evaluation sheets to their parents**
	14.00		Lunch	Lunch	Lunch	Lunch	Lunch	
	15.00		Midday relaxation - nap	Midday relaxation - nap	Midday relaxation - nap	Midday relaxation - nap	Midday relaxation - nap	
	16.30	Campers arrival - Check in at rooms	**Archery - phones**	Free time - canteen - phones	**Archery - phones**	**Archery - phones**	**Archery - phones**	
	18.00	**Age and groups seperation**					5th Training day:	
	19.30	**Basic Skills & Mini Football games 3v3**	1st Training day:	2nd Training day:	3rd Training day:	4th Training day:	**Water Polo Fun Activities**	
	20.00	Shower - Dinner	Shower - Dinner	Shower - Dinner	Shower - Dinner	Shower - Dinner	Shower - Dinner	
	20.45	Night socialization with Summer camp kids of SPORTCAMP	Night socialization with Summer camp kids of SPORTCAMP	Night socialization with Summer camp kids of SPORTCAMP	Night socialization with Summer camp kids of SPORTCAMP	Night socialization with Summer camp kids of SPORTCAMP	Night socialization with Summer camp kids of SPORTCAMP	
	22.15 22.30	Preparing for bed Lights off	Preparing for bed Lights off	Preparing for bed Lights off	Preparing for bed Lights off	Preparing for bed Lights off	Preparing for bed Lights off	